

GROW SLOW + 'Hike With God'



Life Group / Personal Study Guide

Spiritual growth, like hiking, is a **slow, steady process**. We must resist the urge to **rush maturity** and instead walk step by step with God, trusting His timing. **Andrew spoke about how spiritual growth is a journey, not a sprint—what stood out to you from Sundays message?**

Have you ever gone on a long hike or something similar? What did it teach you about endurance and patience..?

1. Wait for the Lord

Read Isaiah 40:31 & Psalm 27:14

◆ *“But those who wait on the Lord shall renew their strength...”*
(Isaiah 40:31)

1. What does it **mean** to “wait on the Lord”?
2. Why is waiting **difficult** in our fast-paced world?
3. **Andrew spoke about how waiting on God isn’t passive, but active trust—how can we practice that in our daily lives?**

1. Cry Out to God

Read James 5:7

◆ *“Be patient, then, brothers and sisters, until the Lord’s coming. See how the farmer waits for the land to yield its valuable crop...”*

1. Why does James compare **patience** to farming?
 2. What are some ways we can “**cry out**” to God when we feel impatient?
 3. How does **prayer** help us remain patient in seasons of slow growth?
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3. Ask God to Open Our Eyes

◆ **Psalm 119:32** *"I run in the path of your commands, for you have set my heart free."*

1. How does **obedience to God** help us see things more clearly?
 2. Have you experienced a time when God helped you **see a situation differently** after praying?
 3. What are some practical ways we can ask God to "open our eyes" daily?
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4. Resist the Temptation to Shortcut Growth

Read Matthew 4:1-11 (Jesus' Temptation)

1. How did Satan tempt Jesus to "**fast-track**" **God's plan**?
 2. What are some ways ***we're tempted to take shortcuts*** in our spiritual growth today?
 3. Andrew spoke about how **Jesus chose obedience over quick results—how can we follow that example?**
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5. Trust God's Timing

Read Matthew 19:16-22 (The Rich Young Ruler)

1. Why did the rich young man ***walk away sad?***
 2. How does **impatience keep us**, from fully following Jesus?
 3. What is one area where you need to trust **God's timing** in your life right now?
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6. Focus on Daily, Small Steps of Obedience

◆ **Matthew 11:29** *"Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls."*

4. Why do we get overwhelmed and stressed when we don't wait on God?
 5. What small, daily steps of obedience can help us walk closely with God?
 6. Andrew spoke about how **small, daily steps of faithfulness, builds long-term growth—how can we apply that this week?**
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Closing Reflection & Prayer:

- What is **one area** where you may need to slow down and trust God more?
 - Pray as a group, asking God to help each person **embrace His pace and grow at His speed.**
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